

RPAY Program Presentation

June 14, 2016

Please use your handout to record any questions so we can answer them at the end of the presentation.



RPAY envisions a Yukon...



- ...where recreation and parks are essential and integral to the quality of life and well-being of Yukon residents and communities;
- where all citizens have opportunities to engage in recreation experiences which contribute to physical, emotional and social well-being; and
- where recreation connects people to their communities and environments.

Our Funders



- Yukon Northern Wellness Project
- Yukon Active Living Strategy
- Inclusion
- Annual Recreation Gathering
- Aquatics



Public Health
Agency of Canada

Agence de la santé
publique du Canada

Our core staff and contractors...

Anne Morgan

- Executive Director

Adrienne Marsh

- Active Living Coordinator

Penny Sheardown

- Active Living Special Projects Coordinator

Mia Lee

- ALSAKY Leadership Coordinator

Jan Downing

- Winter Active for Life Programmer

Jenyfer Neumann

- ALSKAY Administrative Support & Cycle Smart

Caroline Sparks

- Planning & Evaluation; Recreation Capacity & Leadership

What we do...



Recreation Leadership and Capacity

- Recreation Leadership
- Aquatics
- WAFL and Nordic Walking
- Fitness

Active Yukon Communities

- Promotion & Awareness
- RHEAL Leaders
- Kids in the Kitchen
- HL Menu Workshops

Active Yukon Schools and After School

- Training & Mentoring
- Action Grants
- Cycle Smart
- Newsletters & Promotion

Winter Active for Life (WAFL)

- WAFL Lending Library
- Programs & Activities

Highlights in 2015-16

Targeting Children and Youth

- 41 Classroom Action Grants
- 23 ASTP Action Grants
- 22 Active Yukon Schools activities
- 23 Teen Challenge Action Grants
- 21 ASTP RHEAL Leader programs
- 4 WAFL RHEAL Leader programs

Targeting Recreation Leaders

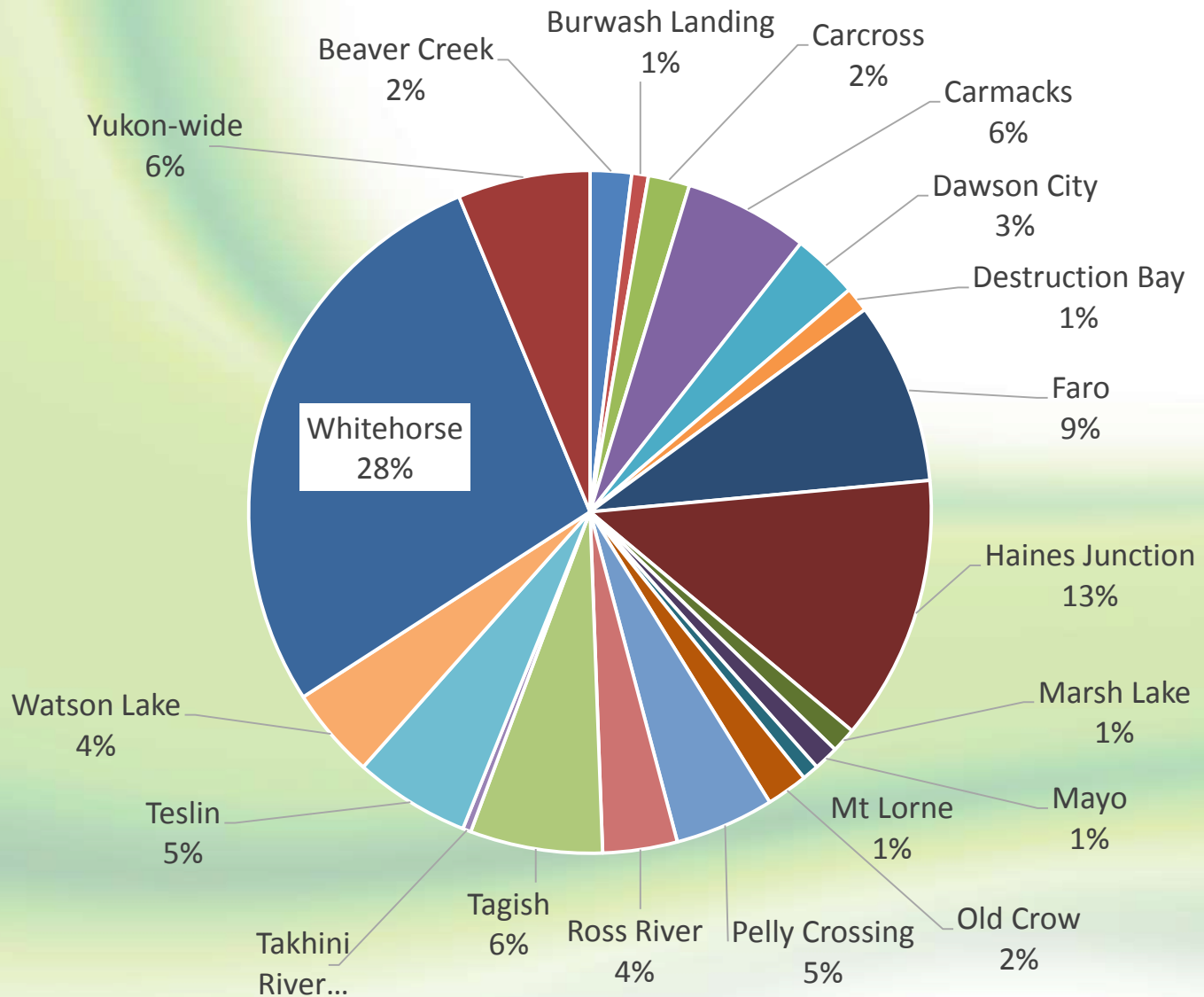
- 21 capacity building and leadership development activities



Targeting Yukon Communities

- 47 RHEAL Leader programs for community members
- 23 WAFL activities
- 15 WAFL Lending Library loans
- 19 HL Menu Workshops included 8 WAFL activities
- 12 activities promoting Active Living

Our reach in 2015-16



Yukon Northern Wellness Project

- Promotes an active, healthy lifestyle to Yukoners
- Supports opportunities for Yukoners to be active and healthy



Active Living Promotion

- Website www.rpay.ca
- Social media
 - Facebook
 - Twitter
- Traditional Media
- Promotional items
- Health fairs & Tradeshow
- Sponsor special events





RHEAL Leader Program

- 32 programs
- Community, ASTP, WAFL and KiK (Kids in the Kitchen) leaders
- 10 communities
- Participation count of more than 700
- Programs such as:
 - Programs for pre-schoolers and seniors
 - After School and Youth programs
 - Cooking Programs & Kids in the Kitchen
 - Cross Country Skiing & Nordic Walking
 - Drumming
 - Fitness Classes & Yoga
 - Archery
 - Carving
 - Osteofit





Healthy Living Menu of Workshops

- Special focus on leadership (e.g. fitness, Nordic walking)
- 17 workshops
- 7 communities
- Participation count of 335
- Workshops on topics such as:
 - Community Gardening
 - Dancepl3y for Adults
 - Fitness and Nutrition
 - Gym Orientation & Strength Training
 - Nordic Walking Leader training
 - Mindfulness Meditation Mini-Retreat
 - Quick Feet: Nordic walking groups
 - Senior's Snowshoeing
 - Yoga Fit for ElderActive





WAFL Programs

WINTER active for life:

- Ski Lending Library
- WAFL RHEAL Leaders
- Nordic Snowshoeing
- Community WAFL program support
- Winter Shelter Adventures HL Menu
- Ski-specific development thru MOU with CCY



WALKING active for life:

- Nordic Walking Leader training
- Nordic walking pole library
- Nordic walking RHEAL Leaders
- Map of Community Walking Routes
- Canadian Trails Federation Representative

WAFL Lending Library

- 11 communities borrowed cross country skis and/or snowshoes
- More than 650 Yukoners were winter active

Yukon Active Living Strategy

- Promotes active living
- Builds capacity and leadership to ensure Yukoners have opportunities to be physically active
- Targets children and youth
- Focuses on the after school time period (ASTP)



Proudly supported by the Yukon Active Living Strategy



Active Yukon Schools

69 activities provided:

- Classroom teacher support (e.g. Dance Pl3y)
- Playground Leader training for grade 6-7 students
- Classroom Action Grants
 - 41 grants
 - \$13,760
 - 9 communities
 - 18 schools and 1 daycare.
- Active Yukon Newsletters
- Cycle Smart
 - 8 communities



- Christ The King Elementary School
- Del Van Gorder School
- Ecole Emilie Tremblay
- Eliza Van Bibber School
- Ghuch Tla Community School
- Golden Horn Elementary School
- Grey Mountain Primary School
- Hidden Valley School
- Holy Family Elementary School
- Individual Learning Center
- J.V Clark School
- Jack Hulland Elementary School
- Kluane Lake School
- Robert Service School
- Selkirk Elementary School
- St. Elias Community School
- Takhini Elementary School
- Tantalus School
- Teen Parent Centre
- Tr'inke Zho Daycare
- Vanier Catholic Secondary School
- Whitehorse Elementary School



Active Yukon After School

37 activities

- 13 communities
- ASTP training sessions and conference calls
- Community visits and ASTP mentoring
- ASTP Action Grants
 - 12 communities
 - 23 grants
 - 20 groups, schools, recreation departments and/or First Nation governments
- Teen Challenge Action Grants
 - 5 communities
 - 10 grants
- ASTP RHEAL Leaders





RHEAL Leader Program

- 35 programs
- Community, ASTP, WAFL and KiK leaders
- 9 communities
- Participation count of more than 800
- Programs such as:
 - Aerobics
 - Archery
 - Carving
 - Circuit Training
 - Nordic Walking
 - Osteofit Class
 - Sing and Drum circle
 - Yoga
 - Fitness Classes (Pilates, Tone & Stretch, Get Up & Go)



Recreation and Parks Leadership and Capacity

- Builds capacity and leadership to ensure Yukoners have opportunities to be physically active
- Enhances the sport and recreation system



Public Health
Agency of Canada

Agence de la santé
publique du Canada

Leadership and Capacity

- Annual Recreation Gathering
- ASTP Leadership Training Conference
- Spring Aquatics Workshop and Training
- Fitness leadership development
- Networking with leaders and stakeholders
- [Yukon Community Recreation Leaders Guide](#)
- Yukon Community Recreation Planning Toolkit in partnership with YG Sport and Recreation Branch
- Tri-Territorial Recreation Training project



Tri-Territorial Recreation Training (TRT) Project

Why?

- To empower people and communities to collectively enhance individual, community, and environmental wellbeing by strengthening the capacity of recreation leaders in Northern, rural, and remote communities through the delivery of a sustainable training program.

Who?

- RPAY, NWTRPA and RPAN
- Supported by 3 territorial governments and a social enterprise.
- Funded by the Arctic Inspiration Prize

What?

- Design, develop and pilot a recreation leadership development **program** that will provide relevant training and learning for Northern recreation leaders.

September 2017

TRT Pilot Program Launch



Currently, we are...

- Establishing a Program Advisory Group who will meet in-person in the fall.
- Refining the matrix and competencies for the training.
- Developing, revising and testing curriculum.



THANK YOU!!!



www.rpay.ca/about-us